



Star Wars Jedi Training Obstacle Course for a Small Office Team-Building Activity

This Jedi Training Obstacle Course is designed to challenge participants with fun, creative tasks that promote teamwork, problem-solving, and agility. The course can be set up using common office items, with a Star Wars twist to make participants feel like they're training to become Jedi!

Supply List

1. **Office Supplies and Equipment:**
 - **Chairs, Desks, and Tables:** For navigating around or under.
 - **Cardboard Boxes:** To create tunnels or barriers.
 - **Sticky Notes:** To mark targets or waypoints.
 - **Rubber Bands and Paper Clips:** For small dexterity challenges.
 - **Waste Bins:** For tossing challenges or obstacles.
 - **Tape (Painter's or Masking Tape):** To mark the floor and create boundaries.
 - **Office Supplies (e.g., pens, paper, folders):** For small tasks along the course.
2. **Jedi Training Props:**
 - **Toy Lightsabers or Pool Noodles:** For lightsaber challenges.
 - **Small Balls (like foam balls):** For Force push/throw simulations.
 - **Rope or String:** For balance beam or agility challenges.
 - **Small Cones or Markers:** To designate zones or obstacles.
3. **Decorations:**
 - **Star Wars Banners, Posters, or Cutouts:** To set the scene.
 - **Star Wars Music/Sound Effects:** Play the soundtrack during the event.
4. **Prizes:** Small Star Wars-themed rewards for participants.

Course Setup Instructions

1. **Obstacle 1: The Lightsaber Agility Challenge**
 - **Setup:** Use a toy lightsaber or pool noodle.
 - **Instructions:** Participants must weave through a series of chairs or cones while holding the lightsaber, avoiding touching any of the obstacles.
2. **Obstacle 2: The Force Push Task**
 - **Setup:** Place small foam balls on a table with empty waste bins a few feet away.
 - **Instructions:** Participants must "use the Force" to push the balls (blow or use a hand fan) into the bins without physically touching them.
3. **Obstacle 3: The Balance Beam**
 - **Setup:** Create a balance beam using a strip of tape on the floor or a line of books.
 - **Instructions:** Participants must walk across the "beam" without stepping off, maintaining balance like a Jedi on a narrow ledge.
4. **Obstacle 4: The Escape from the Trash Compactor**
 - **Setup:** Create a tunnel or confined space using cardboard boxes.

- **Instructions:** Participants must crawl through the tunnel to reach the other side, simulating the trash compactor scene. Add obstacles inside the tunnel for an extra challenge.
- 5. **Obstacle 5: The Jedi Mind Test**
 - **Setup:** Use a whiteboard or flip chart with a simple puzzle or riddle.
 - **Instructions:** Participants must solve the puzzle or answer the riddle to proceed. This challenge tests their problem-solving and "mind powers."
- 6. **Obstacle 6: The Target Practice**
 - **Setup:** Place sticky notes on a wall or board with points assigned to each.
 - **Instructions:** Participants use rubber bands or paper clips to knock down as many targets as possible within a set time. The goal is to improve accuracy and focus.
- 7. **Obstacle 7: The Final Lightsaber Duel**
 - **Setup:** Use toy lightsabers or pool noodles.
 - **Instructions:** Participants must engage in a friendly duel with a teammate or challenge themselves to navigate a series of targets (e.g., paper cutouts) using their lightsaber.

Game Rules and Guidelines

1. **Teamwork:** While participants go through the course individually, they should encourage and support each other, emphasizing teamwork.
2. **Time and Scoring:** Time each participant as they complete the course, awarding points for completing each obstacle successfully. The fastest time and highest score win!
3. **Safety First:** Ensure that all obstacles are safe and that participants understand the course before starting.
4. **Jedi Attire (Optional):** Encourage participants to wear simple Jedi-inspired outfits (e.g., robes, belts) for extra fun.

Course Flow

1. **Divide into Teams:** Split participants into small teams if you have enough people. Each team can go through the course in sequence, with teammates cheering each other on.
2. **Run the Course:** Each participant attempts the course, with a designated Jedi Master (supervisor) timing and scoring their run.
3. **Award Ceremony:** After everyone completes the course, tally the scores and announce the top Jedi, who receives a prize.

Wrap-Up

After completing the obstacle course, gather for a brief discussion about the activity, highlighting teamwork, strategy, and having fun as a team. Finish with an award ceremony to recognize everyone's efforts.

Conclusion

This Star Wars Jedi Training Obstacle Course is an engaging and lighthearted way to build team spirit, enhance cooperation, and have a blast in the office!

— THIS —
IS THE WAY



Rappahannock United Way

Additional Mandalorian, This is the Way, themed fundraising ideas

1. "This is the Way" Costume Contest

- **Description:** Employees pay an entry fee to participate in a Mandalorian-themed costume contest. Encourage creative costumes like Mandalorians, Grogu, or other Star Wars characters.
- **Fundraising:** Charge a fee to enter, and offer prizes for the best costume. Collect donations by having employees vote for their favorite costume with dollars.

2. Beskar Bounty Hunt

- **Description:** Hide "Beskar" tokens (painted rocks or foil-wrapped chocolate) around the office. Participants pay to join the hunt and receive clues to find the hidden treasures.
- **Fundraising:** Charge a participation fee and offer a grand prize for the person who finds the most Beskar.

3. Mandalorian Lunch & Learn

- **Description:** Host a themed lunch with Mandalorian-inspired dishes. Invite a guest speaker to discuss leadership and resilience, aligning with Mandalorian values.
- **Fundraising:** Charge for lunch and ask for donations during the event.

4. Grogu's Bake Sale

- **Description:** Organize a bake sale featuring Star Wars-themed treats, such as Grogu cookies, Beskar bars, and blue milk cupcakes.
- **Fundraising:** Sell the treats with proceeds going to a charitable cause.

5. The Mandalorian Trivia Challenge

- **Description:** Host a Star Wars trivia contest with a focus on The Mandalorian series. Teams pay to enter and compete for a themed prize.
- **Fundraising:** Charge an entry fee per team and offer bonus rounds where participants can "buy" extra points.

These fundraisers are not only fun and engaging but also capture the essence of The Mandalorian, making them perfect for a themed office event.

**— THIS —
IS THE WAY**



Senior Leadership: Leading the Way in Cosplay



**— THIS —
IS THE WAY**



Rappahannock United Way



**— THIS —
IS THE WAY**



Rappahannock United Way



**THIS
IS THE WAY**



Rappahannock United Way



Mandalorian-Themed "Blaster" Nerf Gun Simulation for Office Team-Building

This simulation is designed to encourage collaboration, communication, and fun among office teams while immersing participants in a Mandalorian-themed adventure.

Supply List

1. **Nerf Blasters:** Choose simple Nerf guns that can be easily handled by all participants.
2. **Nerf Darts:** Ensure you have a sufficient quantity of foam darts for all participants.
3. **Team Markers:**
 - **Colored Armbands or Bandanas:** Use to differentiate between teams (e.g., blue for Mandalorians, red for Imperial Forces).
 - **Printable Clan Symbols:** Attach to uniforms or blasters to represent different factions.
4. **Costume Accessories:**
 - **Mandalorian Helmets or Masks:** Optional for added fun.
 - **Capes or Armor Pieces:** Simple items like scarves or cardboard cutouts can be used.
5. **Field Setup and Obstacles:**
 - **Cardboard Boxes and Office Chairs:** Use as cover or obstacles.
 - **Desks, Filing Cabinets:** Rearrange for strategic play zones.
 - **Large Blankets or Sheets:** To create "caves" or hideouts.
6. **Decorations:**
 - **Star Wars Posters and Banners:** To set the theme.
 - **LED Lights:** Place around the play area for ambiance.
 - **Soundtrack:** Play the Mandalorian theme or Star Wars music for atmosphere.
7. **Game Items:**
 - **The Beskar Trophy:** Use a shiny object or metallic container to represent the valuable Beskar steel.
 - **Supply Crates:** Small boxes with extra darts, labeled as "ammo" or "credits."
8. **Prizes:**
 - Small Mandalorian-themed items or office perks for the winning team.

Game Rules

1. **Objective:** Competing teams must capture the Beskar Trophy from the opposing side or be the last team standing.
2. **Teams:**
 - Divide participants into two teams: **Clan of Mandalorians** and **Imperial Forces**.
 - Each team starts from a designated base (office corners, break rooms, etc.).
3. **Game Duration:** Each round lasts 15 minutes or until the objective is completed.
4. **Lives and Respawns:**
 - Each player has 3 lives. A life is lost when hit by a Nerf dart.

- When hit, a player must go to their team's respawn point and wait 30 seconds before returning to the game.
- 5. **Blaster Rules:**
 - Participants may only use the Nerf guns and darts provided.
 - No physical contact—blasters only.
- 6. **Special Roles (Optional):**
 - **The Mandalorian:** One player on the Mandalorian team can use a special blaster with more darts or a longer range.
 - **Imperial Officer:** The leader of the Imperial Forces can call for "reinforcements" (allowing teammates to respawn instantly once per game).
- 7. **Winning the Game:**
 - **Capture the Beskar Trophy:** Secure the Beskar Trophy from the enemy base and return it to your base.
 - **Elimination:** Eliminate all players on the opposing team.
- 8. **Penalties:**
 - Violations of the rules (e.g., moving before respawn time) result in a 1-minute penalty where the player must sit out.

Setup Instructions

1. **Prepare the Battlefield:**
 - Rearrange desks, chairs, and other furniture to create a dynamic play area with cover and strategic points.
 - Designate bases at opposite ends of the office.
 - Place the Beskar Trophy in a visible but challenging location to capture.
2. **Assign Teams and Roles:**
 - Divide participants evenly into two teams.
 - Assign special roles if using them.
3. **Equip Participants:**
 - Distribute Nerf blasters and darts.
 - Ensure everyone understands the game rules and safety guidelines.
4. **Decorate and Set the Mood:**
 - Set up Star Wars decorations, play the Mandalorian soundtrack, and dim lights if possible to create a more immersive experience.

Game Play Tips

- Encourage teams to strategize before starting the game.
- Focus on communication and teamwork; success comes from working together.
- Use the office layout to your advantage by setting up ambushes or flanking maneuvers.

Wrap-Up

**— THIS —
IS THE WAY**



After the game, gather everyone for a brief discussion about the game, highlighting teamwork and strategy. Celebrate the winning team with prizes or fun office rewards.

This Mandalorian-themed Nerf simulation promises to be a thrilling and engaging team-building experience that will bring out the competitive spirit and cooperation within your office!

Mandalorian-Themed Pot Luck

Main Dishes

1. **Krayt Dragon Ribs:** BBQ ribs labeled as dragon meat.
2. **Mudhorn Meatballs:** Spicy or savory meatballs served with dipping sauces.
3. **Mandalorian Stew:** Hearty beef or vegetable stew served in rustic bowls.
4. **Grogu's Bone Broth Soup:** A rich broth-based soup with vegetables and noodles.

Side Dishes

1. **Jawas' Sand Dunes Hummus:** Hummus with pita bread and veggies, styled to look like sand dunes.
2. **Blurrig Burgers:** Sliders made with mini buns and various fillings.
3. **Bantha Milk Bread:** Blue-tinted bread rolls inspired by blue milk.

Desserts

1. **Grogu's Frog Eggs:** Tapioca pudding or boba in a clear gelatin dessert.
2. **Beskar Bars:** Chocolate bars wrapped in foil to resemble Beskar steel.
3. **Nevarro Nibbles:** Cookies shaped like droids, ships, or Star Wars symbols.

Drinks

1. **Spotchka:** A blue punch or lemonade inspired by the glowing beverage.
2. **Blue Milk:** A creamy, blue-colored milkshake or smoothie.

These dishes bring a taste of the galaxy to your potluck while capturing the spirit of The Mandalorian!

DIY Lightsaber Workshop and Contest

Creating a DIY Star Wars lightsaber replica using household items can be a fun and creative project. Here's a list of items you can use:

Materials for the Lightsaber Handle (Hilt)

1. Flashlight or Paper Towel Roll: Serves as the base of the hilt.
2. Aluminum Foil or Silver Tape: Wrap around the hilt for a metallic look.
3. Plastic Bottle Cap: For the pommel at the bottom of the hilt.
4. Rubber Bands or Hair Ties: For adding grip details.
5. Buttons or Small Beads: To act as activation switches on the hilt.
6. Electrical Tape: For wrapping sections to add detail and texture.
7. Plastic Straws or Chopsticks: For adding structural details to the hilt.
8. Markers or Paint: To add color details to the hilt.

Materials for the Lightsaber Blade

1. Cardboard Tube (from wrapping paper or aluminum foil): Acts as the blade.
2. Clear Plastic Tube or a Long Balloon: To make a more transparent blade.
3. Colored Cellophane or Transparent Wrapping Paper: Wrap around the blade for color.
4. Glow Sticks: For adding a glowing effect inside a transparent blade.
5. Double-sided Tape or Glue: To secure the cellophane or wrapping paper.

Additional Decorations

1. Stickers or Decals: For additional design elements on the hilt.
2. Small LEDs or Reflective Tape: To add a light-up effect.
3. Foam Sheets: To cut out additional details like the emitter or belt clip.
4. Sharpies or Paint Pens: For adding final design touches and weathering effects.

By combining these materials creatively, you can craft a convincing lightsaber replica with items commonly found at home!