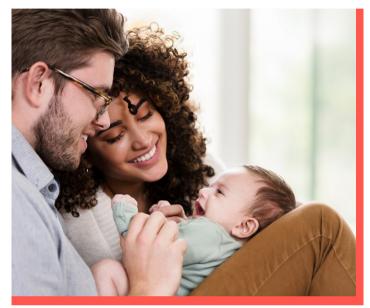


Rappahannock United Way

2023 LOCAL GOVERNMENT

CAMPAIGN GUIDE















LOCAL GOVERNMENT CAMPAIGN

The Local Government Campaign provides people who work in the governments and schools in the City of Fredericksburg and Counties of Caroline, King George, and Stafford Spotsylvania. opportunity to support the work of local charitable organizations. It is the only opportunity that local government and school employees have to make contributions through the convenience of payroll deduction. The campaign is overseen by a committee of representatives composed of employees from the various government and school districts known as Government the Local Campaign Committee. The Committee established guidelines for the campaign, selected Rappahannock United Way as the fiscal agent to serve as the administrator of the campaign, and evaluated and approved the nonprofit organizations that applied for inclusion in the campaign. Throughout each step of the process, the interests of local government and school employees were given top priority.

If you would like to learn more about the Local Government Campaign, participating nonprofit organizations, or how to become more involved in your community, please contact Rappahannock United Way at 540-373-0041 ext. 318 or visit www.rappahannockunitedway.org.

Dear Fellow Local Government and School Employees:

I am honored to serve as Chairman of the 2023 Rappahannock United Way Local Government Campaign. There are many opportunities out there to support citizens in our community, and I look forward to engaging every one of you in our quest to make a difference right here in our area.

As you know, Rappahannock United Way (RUW) endeavors to build a community where every household is "hopeful, resilient, and self-sufficient."



In carrying out their mission, RUW is pleased to further develop their Prosper programs to provide greater levels of community assistance. Under the Prosper name, RUW offers financial coaching, half-hour workshops, rent and mortgage assistance, mentoring to empower local women, student-focused educational programs that educate beyond the classroom, support with taxes, and specified workplace coaching.

Each of these programs has an excellent potential to alleviate community concerns while offering a holistic view of what enables a community to truly thrive.

As Superintendent of Fredericksburg City Public Schools, I fully support bringing Prosper Students to high school juniors and seniors. Prosper Students, RUW's free financial education program, has been proven to prepare students for adulthood through financial readiness skills. The best part of Prosper Students is that students who participate are given opportunities to earn education scholarships to pursue their dreams.

I encourage you to participate in the Local Government Campaign. You can simplify the process by giving each pay period through payroll deduction. You may also give a one-time donation. Additionally, you can personalize your donation by directing it to any of the organizations listed in this brochure by using the designation code. Every gift goes a long way. Rappahannock United Way also leverages grants and sponsorships to transform undesignated gifts ten-fold, so that each gift has significant and lasting impact on ALICE® (Asset Limited, Income Constrained, Employed) families in our region.

Like the chairpersons before me, I am a strong advocate for Rappahannock United Way, and I ask that you consider giving an undesignated gift which will grow the impact of Prosper offerings.

We can all choose to Be There for our community, and I know you will join me in helping Rappahannock United Way in this commendable endeavor! Thank you in advance for choosing to join us and for making an intentional impact on the lives of our neighbors.

Sincerely, Marchin aflett

Dr. Marceline Catlett, Superintendent of Fredericksburg City Public Schools 2023 Chairperson of the Local Government Campaign

2023 Local Government Officials and Committee Members

Caroline County Government

Charles Culley County Administrator

Pamela Hall Government Campaign Coordinator

Caroline County Schools

Dr. Sarah Calveric Superintendent

Lisa Stephens Schools Campaign Coordinator

Central Rappahannock Regional Library Martha Hutzel

Executive Director

Fredericksburg City Government

Timothy J. Baroody City Manager

Lesley A. Moore Government Campaign Coordinator

Fredericksburg City Schools Dr. Marceline Catlett Superintendent

Sandy Gillenwater Schools Campaign Coordinator

George Washington Regional Commission

Chip Boyles Executive Director

King George Government Christopher Miller

Christopher Miller County Administrator

King George County Schools

Dr. Jesse Boyd Superintendent

Michelle Gordon Schools Campaign Coordinator

Spotsylvania County Government

Ed Petrovitch County Administrator

Spotsylvania County Schools Mark Taylor

Mark Taylor Superintendent

Stafford County Government Randal E. Vosberg

County Administrator

Donna Krauss Goverment Campaign Coordinator

Stafford County Schools Dr. Thomas W. Taylor

Superintendent

Hunter Berry Schools Campaign Coordinator

RAPPAHANNOCK UNITED WAY FEDERATION AND MEMBER AGENCIES

6400 Rappahannock United Way (Federation)

Building a community that is hopeful, resilient, and selfsufficient through programs in Education, Financial Stability, and Healthy Living.

www.rappahannockunitedway.org 540-373-0041

6416 Big Brothers Big Sisters Greater Fredericksburg

VISION: All youth achieve their full potential.
MISSION: Create and support one-to-one mentoring relationships that ignite the power and promise of youth.
www.bbbsfred.org 540-371-7444

6451 Brain Injury Services

Empowering individuals in the Fredericksburg Region who have been impacted by a brain injury.

www.braininjurysvcs.org 540-785-8836

6456 Caroline Habitat for Humanity

Combining the USDA 523 Grant and the 502 loan, low-income buyers build their own homes, under supervision, with payments that doesn't exceed 30% household income. www.habitatofcaroline.org 804-633-1000

6430 Empowerhouse

Supporting domestic violence survivors and children. Providing crisis services, hotline, shelter, housing, employment navigation, education, court and healthcare accompaniment, support groups, and community education. www.empowerhouseva.org 540-373-9372

6457 Failsafe ERA

Fostering positive change in the lives of individuals and families affected by incarceration through strategies that improve outcomes and empower and restore hope. www.failsafe-era.org 540-479-3021

6408 Foundation First

Works to elevate the quality of learning in early childhood programs to ensure that every child is ready for school-ready for life!

www.foundationfirstva.org 540-479-6944

6429 Fredericksburg Area Health and Support Services

Assisting those living below the Federal Poverty Level to access medical treatment and medication. www.fahass.org 540-907-4555

6406 Fredericksburg Regional Food Bank

Provides emergency food resources to families, children, and seniors who are facing hunger in the Central Rappahannock Region. www.fredfood.org 540-371-7666

6427 Girl Scouts Commonwealth Council of Virginia Building girls of courage, confidence, and character

who make the world a better place. www.comgirlscouts.org 804-746-0590

6454 Greater Fredericksburg Habitat for Humanity Building strength, stability and self-reliance for

residents in need of an affordable place to call home. www.fredhab.org 540-891-4401

6440 Healthy Families Rappahannock Area

Provides families at risk of child abuse and neglect free inhome parenting services to strengthen the family unit. www.healthyfamiliesrappahannock.org 540-374-3366

6425 Legal Aid Works

Providing free legal services in civil matters to low-income persons. With United Way funding, services are provided for domestic violence survivors in family law matters. www.legalaidworks.org 540-371-1105

6436 Lloyd F. Moss Free Clinic

Providing medical, dental, and pharmacy care to low-income and underserved people through the use of volunteer health care professionals and partnerships with other providers. www.mossfreeclinic.org 540-582-1061

6420 Loisann's Hope House

Providing homeless children and their families in the Rappahannock region with safe housing and programming to move from homelessness to permanent housing.

www.loisannshopehouse.org 540-371-0831

6411 Mental Health America of Fredericksburg

Programs to fill gaps in mental health services, addressing teen suicide, senior depression, equal access to treatment, and providing needed peer-to-peer support groups.

www.mhafred.org 540-371-2704

6413 Micah Ecumenical Ministries

Increasing homeless access to income, housing, healthcare, and basic needs through relationships. Work includes hospitality center; winter shelter; respite shelter; income development; housing support; volunteerism. www.micahfredericksburg.org 540-479-4116

6415 Rappahannock Area YMCA

Provides programs and membership to all, regardless of income and background, serving Caroline, King George, Spotsylvania, Stafford and the City of Fredericksburg. www.family-ymca.org 540-371-9622

6417 Rappahannock Council Against Sexual Assault (RCASA)

Provides crisis, counseling, and case management services for youth and adult victims of sexual assault including human trafficking. www.rcasa.org 540-371-6771

6434 Rappahannock CASA

Advocates for children who have suffered from parental abuse or neglect. We strive to ensure that each child grows up in a safe home.

www.rappahannockcasa.com 540-710-6199

6447 Rappahannock Emergency Medical Services Council

Created to establish and maintain a regional EMS system which provides for the effective and coordinated delivery of emergency healthcare. www.remscouncil.org 540-373-0249

6424 Safe Harbor Child Advocacy Center

Coordinating the community's response to minimize the trauma and increase the well-being and safety of abused children and their families.

www.safeharborva.org 540-891-6280

6431 SERVE

Providing emergency food pantry, financial and prescription assistance, holiday boxes of food to low-income families. Miscellaneous goods offered (Christmas toys and gifts, firewood, school supplies). www.serve-helps.org 540-288-6903

6418 Stafford Junction

Providing homework assistance, character building, enrichment activities, and meals to our children from low-income families to help them succeed in school. www.staffordjunction.org 540-368-0081

6445 The Childcare Network

Providing information, training, and resources to parents and early childhood providers with a goal of improving the lives of children in our region.

www.thechildcarenetwork.org 540-373-3275

6422 The Salvation Army Fredericksburg Corps

Providing a food pantry, mobile canteen, energy assistance, clothing vouchers, and other assistance with the continued goal of meeting human needs without discrimination. http://fredericksburg.salvationarmypotomac.org 540-373-3431

6432 Thurman Brisben Center

Providing emergency shelter and self-sufficiency services to an annual average of 535 men, women, and children in families from Greater Fredericksburg experiencing homelessness.

www.brisbencenter.org 540-899-9853

CREATING HEALTHIER COMMUNITIES AND MEMBER AGENCIES

6000 Creating Healthier Communities

Building stronger communities and taking action to improve health and wellbeing through giving opportunities, causes, volunteering, and health resources. www.chcimpact.org 800-654-0845

6067 AIDS Research Foundation (amfAR)

Investing in innovative AIDS cure research; advocates to increase funding for research/prevention/treatment, and protecting the rights of all people affected by HIV/AIDS. www.amfar.org 800-392-6327

6001 ALS Association DC/MD/VA Chapter, Virginia

Improve quality of life for people living with ALS, commonly known as Lou Gehrig's disease, and their families, by providing free services.

www.alsinfo.org 804-836-1750

6013 Alzheimer's Association, Greater Richmond Chapter

The leading voluntary health organization in Alzheimer's care and support. The largest, private nonprofit funder of Alzheimer's research. www.alz.org/grva 804-967-2580

6004 American Cancer Society, Richmond

In addition to breakthrough research, we provide patients free rides to their treatments, free lodging at one of our 33+ Hope Lodges and 24/7 live support. www.cancer.org 804-527-3700

6006 American Council of the Blind

Our mission is to increase the independence, security, equality of opportunity, and quality of life for all blind and visually impaired people. www.acb.org 612-332-3242

6097 American Diabetes Association, Virginia

Committed to finding a cure for diabetes, improving care and providing information and support to help Stop Diabetes® through research, community programs and advocacy. www.diabetes.org 757-424-6662

6099 American Heart Association Eastern States Affiliate, Virginia

To be a relentless force for a world of longer, healthier lives through research, training, advocacy, community services and public, patient and professional education. www.heart.org/richmond 804-965-6535

6008 American Kidney Fund

We fight kidney disease on all fronts by addressing education, advocacy, financial assistance, prevention, research; spending 97 cents of every donated dollar on programs. www.kidneyfund.org 800-638-8299

6010 American Lung Association in Virginia

Save lives by improving lung health and preventing lung disease through research, education, and advocacy. www.lung.org 804-302-5740

6015 Arthritis Foundation, Mid-Atlantic Region, Virginia

The champion of Yes. Helping conquer battles through lifechanging information and resources, access to care and advancements in science. www.arthritis.org 804-665-9950

6007 Brain Injury Association of Virginia

Serves individuals with brain injury, their families and the professionals who care for them through education, outreach, support, public awareness and advocacy. www.biav.net 804-355-5748

6041 Crohn's & Colitis Foundation

Our mission is to cure Crohn's disease and ulcerative colitis, and to improve the quality of life of children and adults affected by these diseases.

www.crohnscolitisfoundation.org 703-865-6130

6020 Cystic Fibrosis Foundation

Working to cure cystic fibrosis, and providing all people with CF the opportunity to lead full, productive lives. www.cff.org/virginia 804-527-1500

6025 Epilepsy Foundation of Virginia

Providing training to Virginia professionals about seizures, patient services such as medication assistance, and public education to dispel the myths surrounding epilepsy. www.epilepsyva.com 434-924-8669

6029 JDRF International, Mid-Atlantic Chapter

The leading global organization funding Type 1 Diabetes (T1D) research. Mission is to cure, prevent, and treat T1D and its complications. www.jdrf.org 202-371-0044

6030 Leukemia and Lymphoma Society, North Carolina - Virginia Region, Richmond Market

Mission: to cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and improving the quality of life of patients and their families. www.lls.org 804-673-5690

6011 Make-A-Wish Foundation of Greater Virginia

Granting life-changing wishes for children with critical illnesses. We are dedicated to making every eligible child's wish come true. www.va.wish.org 804-217-9474

6053 March of Dimes

Fights for the health of moms and babies. We support research, lead programs, and provide education and advocacy to support every baby.

www.marchofdimes.org 888-663-4637

6009 Mental Health America (formerly National Mental Health Association)

Founded in 1909, is the nation's leading community-based non-profit dedicated to helping all people achieve wellness by living mentally healthier lives.

www.mhanational.org 800-969-6642

6048 Mental Health America of Virginia

To educate, empower, and advocate to improve the mental health of all Virginians. Services include public awareness, a peer-run support line and recovery education. www.mhav.org 804-257-5591

6098 Muscular Dystrophy Association, Virginia, Richmond

Fighting neuromuscular diseases through worldwide research; providing comprehensive healthcare services and support to MDA families nationwide; and rallying communities through advocacy, fundraising and local engagement. www.mda.org 804-285-2961

6038 NAMI (National Alliance on Mental Illness) You are not alone. Through support, education, and

advocacy, NAMI Virginia promotes recovery and resiliency for individuals and families living with mental health conditions. www.namivirginia.org 804-285-8264

6017 National Kidney Foundation Serving Virginia

The largest, most effective, and longstanding organization fighting kidney disease: a growing public health problem affecting 1 in 3 Americans and their families. www.kidney.org 804-288-8342

6047 National Multiple Sclerosis Society, Virginia People affected by MS can live their best lives as we

People affected by MS can live their best lives as we stop MS in its tracks, restore what has been lost and end MS forever.

www.nationalmssociety.org 800-344-4867

6019 National Psoriasis Foundation, DC

To drive efforts to cure psoriatic disease and improve the lives of those affected. www.psoriasis.org 800-723-9166

6018 Pancreatic Cancer Action Network

In our urgent mission to save lives, we attack pancreatic cancer on all fronts: research, clinical initiatives, patient services and advocacy. www.pancan.org 310-725-0025

6057 Ronald McDonald House Charities of Norfolk

Helps families stay together, and close to the care they need, when they have a sick child.

www.rmhcnorfolk.org 757-627-5386

6064 St. Jude Children's Research Hospital (serving DC, DE, MD, VA, & Eastern PA)

Researches and treats childhood cancer and other lifethreatening diseases. Families never billed by St. Jude for treatment, travel, housing, or food. Discoveries shared worldwide. www.stjude.org 703-650-4500

6014 Susan G. Komen, Virginia

Mission: Save lives by meeting the most critical needs in our community and investing in breakthrough research to prevent and cure breast cancer.

www.komen.org/community/dmv-tri-state/virginia
202-827-9013

6012 The Society of Saint Andrew, Inc.

Our gleaning programs save good produce from going to waste and provide hungry neighbors across the United States with fresh healthy food. www.endhunger.org 434-299-5956

6043 Virginia Hemophilia Foundation

VHF provides education, advocacy and community to those living with inherited bleeding disorders through tailored retreats and meetings, scholarships, financial assistance and camp.

www.vahemophilia.org 804-740-8643

6021 ZERO - The End of Prostate Cancer, Mid-Atlantic Chapter

ZERO will save lives and stop pain and suffering by advancing research, encouraging action, providing education and support to men and their families. www.zerocancer.org 202-463-9455

LOCAL INDEPENDENT AGENCIES

7010 The disAbility Resource Center of the Rappahannock Area

Help people with disabilities attain the most potential of independent living by providing skills training; peer mentoring; transition; advocacy; information/referral; workshops; and a free, durable medical equipment and hearing aid reuse program.

www.cildrc.org 540-373-2559

7032 Fredericksburg Education Foundation

To promote and further the aims of the Fredericksburg City Public Schools by developing community partnership and enhancing educational opportunities and support for all members of the FCPS community. www.freded.org 540-372-1130

7522 Friends of the Rappahannock

Our mission is to the be the voice and active force for a healthy and scenic Rappahannock River. We work to educate everyone about the river, to advocate for clean water policy and restore the river through conservation projects watershed wide.

www.riverfriends.org 540-373-3448

7030 King George Fire & Rescue Foundation

Volunteer agency providing emergency care to the sick and injured, and promoting and teaching methods of safety in King George County and its vicinity.

www.kgfr.org 540-220-1159

7411 Society for the Prevention of Cruelty to Animals of Fredericksburg

Our mission is to end animal suffering and empower our community through leadership, education, compassionate care, and access to affordable resources. Together, we can provide a better quality of life for all living beings. www.fredspca.org 540-898-1500

7020 Stafford Education Foundation

Stafford Education Foundation's mission is to impact and advance education in Stafford County Public Schools through charitable activities that support sound educational programs and practices for students and staff. www.thestaffordeducationfoundation.com 540-658-6534

7420 Wildlife Center of Virginia

The Wildlife Center of Virginia is a hospital for native wildlife, teaching the world to care about and to care for wildlife and the environment.

www.wildlifecenter.org 540-942-9453

DESIGNATED GIFTS

This is a total designation campaign, which permits you to choose up to four federations or agencies from this list to receive your gift. There is an area on your pledge form where you can indicate which agencies you wish to support. Each federation and agency has a code. By writing the code numbers for the agencies you wish to support, you designate that only those agencies will receive your gift. You may also choose to support an entire group of agencies that is represented by one of the federations in the campaign. If you designate a federation, your contribution will support the overall mission of the federation and its member agencies.

UNDESIGNATED GIFTS

All undesignated funds will go to Rappahannock United Way for community investment based upon local priority needs.

WRITE-IN GIFTS

There is not a write-in option available during the Local Government Campaign.

NOTE: Due to the cost of processing donations, there is a minimum designation of \$50 per agency per year.



Rappahannock United Way

3310 Shannon Park Drive Fredericksburg, VA 22408

Office: 540-373-0041 Fax: 540-373-0356

www.rappahannockunitedway.org