

David never knew when the next tirade would come. His PTSD was getting the best of him – frighten his wife and terrify his kids. He was at his wits' end until he found help through Rappahannock United Way. We were able to link him and his family with counseling and anger management courses. Today, David and his family are finding peace and the joy that comes from a safe home.

Providing Hope. It's What We Do.



GIVE.

www.betheretoday.org



Rappahannock United Way



**Walking on eggshells
is no way to live.**

David and his family know.

Caroline

BE THERE



Maranda was advancing in her career but finding and keeping affordable childcare started to distract her at work. After losing several babysitters in a short period of time, she started to call out. When she sought financial counseling from Rappahannock United Way, we were able to help her find licensed, affordable care. Maranda can now focus on work knowing her kids are safe.

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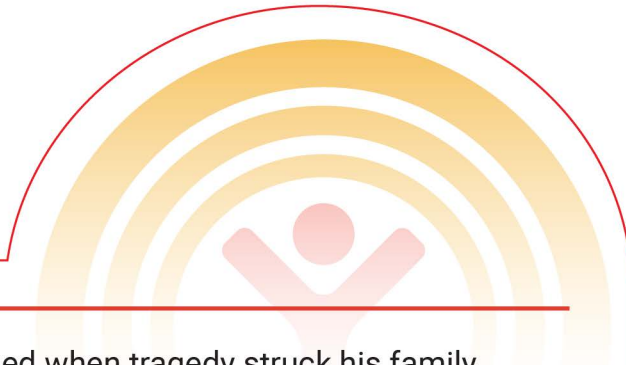


**It's tough to concentrate
on your job when you're
worried about your kids.**

Maranda knows.

Stafford

BE THERE



Michael's world suddenly collapsed when tragedy struck his family. He spiraled downward as he sought to cope with his changed life. He ultimately sunk into depression. A friend called Rappahannock United Way to look for answers. We were able to immediately get him connected to mental health services that he could afford. Michael is now learning to deal with life's challenges in new ways.

Providing Hope. It's What We Do.



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Rappahannock United Way




**Sometimes life
has more downs
than ups.**

Michael knows.

Spotsylvania

BE THERE



Miguel was falling behind in his reading skills and was at risk of having to repeat a grade. Unfortunately, he didn't have books at home so he could practice his reading. Rappahannock United Way volunteers intervened and were able to help him with his reading at school. RUW also made sure he had grade-level books to take home to read with his parents over the summer. Now, Miguel loves reading and he's catching up with his peers.

Providing A Future. It's What We Do.




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GIVE.



Rappahannock United Way



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GIVE.



Rappahannock United Way



**Learning is a
tough when nothing
makes sense.**

Miguel knows.

Fredericksburg

BE THERE