Community Impact Grants

Healthy Living Results: 2019

- 85% of school-age children receiving counseling improved their mental health.
- 97% of individuals who sought mental health assistance followed through with an appointment.
- 93% of individuals served increased their amount of physical activity.

8,858 individuals improved their health, addressed barriers to healthy living, and reduced their risks.
AT RAPPAHANNOCK UNITED WAY
WE WANT A COMMUNITY WHERE
ALL PEOPLE ARE HOPEFUL,
RESILIENT AND SELF-SUFFICIENT.

WE NEED YOUR HELP TO
MAKE THIS A REALITY!

1309 individuals benefited
from mental health supports.

2364 individuals reduced
health and safety risks.

233 children aged birth to 5
reached developmental milestones.

BE THERE
www.rappahannockunitedway.org

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