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**FOR IMMEDIATE RELEASE**

### **RAPPAHANNOCK UNITED WAY ANNOUNCES STAFF AND BOARD APPOINTMENTS**

July 26, 2018 – Fredericksburg, VA – Rappahannock United Way (RUW) is pleased to announce its new officers and board members for 2018/2019.

Officers are Susan Coleman, Director of Education of Spotsylvania Regional Medical Center as Chairman; Amanda Talbert, Public Affairs Coordinator of GEICO as Immediate Past Chair; Beth Williams, Executive Director for Human Resources of University of Mary Washington as Secretary, and Pete Humes, Senior Vice President Commercial Banking Executive of Union Bank & Trust as Treasurer.

RUW welcomes four new board members: Sean Barden, Executive Vice President and Chief Financial Officer from Mary Washington Healthcare; Renee Gregory, Transition Supervisor and Coach from GEICO; Ron Holmes, Senior Vice President from Merrill Lynch, and Dale Lachniet, Publisher/Vice President from BH Media Eastern Community Group.

Rappahannock United Way is also pleased to announce two new staff promotions. Sarah Walsh has been promoted to Vice President of Strategic Initiatives and Kathryn Palmer has been promoted to Senior Community Impact Manager.

Want to become involved with Rappahannock United Way?  
Visit [www.RappahannockUnitedWay.org](http://www.RappahannockUnitedWay.org) to find out how to GIVE, ADVOCATE or VOLUNTEER.

#### **About Rappahannock United Way**

Founded in 1939, Rappahannock United Way is a local nonprofit organization serving Fredericksburg, Caroline, King George, Spotsylvania and Stafford. Our mission is to improve lives by mobilizing the caring power of our community. Our goal is to have more households emerge from poverty and achieve greater financial stability. Together, we can create opportunities for a better tomorrow. That's what it means to LIVE UNITED.

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