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**FOR IMMEDIATE RELEASE**

### **HUNDREDS TO UNITE NEXT WEEK ON VOLUNTEER PROJECTS FOR DAY OF ACTION**

September 17, 2015 – Fredericksburg, VA – When people come together for the common good, big changes can happen in our community. That’s what Day of Action is all about.

We invite you to join us to witness this volunteer movement on Friday, September 25.

On Friday, September 25, Rappahannock United Way will kick off its 22<sup>nd</sup> annual Day of Action (formerly known as Day of Caring) with over 285 volunteers from 25 local companies. In just one day, they will complete a long list of projects for 23 nonprofit agencies throughout our community.

Rappahannock United Way strives to create meaningful and tangible impact in our community by giving, advocating and volunteering. Day of Action is a chance to do just that. Most of the companies involved in Day of Action also support Rappahannock United Way during our annual giving campaign. Day of Action gives these companies a chance to see their gifts in action and allows them to visit the nonprofits for a hands-on opportunity.

Employees from companies such as Lockheed Martin, Quarles, Intuit, Union Bank & Trust, Mary Washington Healthcare – and many more – will gather at Rappahannock United Way at 8:15 a.m. on September 25 for a kickoff rally, hosted in part by 93.3 WFLS. At 9:15 a.m., teams will head to nonprofits and schools such as Empowerhouse, Fredericksburg Area Food Bank, Hartwood Elementary, disAbility Resource Center, Catholic Charities – and many more – to roll up their sleeves and get busy. Painting, organizing, cleaning, weeding, planting, mulching, deck repair, and shed building will keep most teams busy until 1 p.m. Some projects end at 4 p.m.

This event is made possible, thanks to Rappahannock United Way sponsors: GEICO, Mary Washington Healthcare, Patricio Enterprises, BB&T, Booz Allen Hamilton, NSWC Federal Credit Union, Spotsylvania Regional Medical Center, Suntrust, Union Bank & Trust, Virginia Partners

Bank, Wells Fargo, Dominion Virginia Power, Hilldrup, Rappahannock Electric Cooperative, Lockheed Martin, DLR Contracting, Inc. and Perma Treat Pest Control.

**About Rappahannock United Way**

Founded in 1939, Rappahannock United Way is a local nonprofit organization serving Fredericksburg, Caroline, King George, Spotsylvania and Stafford. Rappahannock United Way's mission is to improve lives by mobilizing the caring power of our community. Rappahannock United Way's goal is to have more households emerge from poverty and achieve greater financial stability by focusing on the three building blocks for a better life: Education, Income and Health. We invite our community to be part of the change. Together we can inspire hope and build long lasting change. That's what it means to LIVE UNITED.

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