



FOR IMMEDIATE RELEASE

Contact: Name: Michael Bloczynski
Phone: (540) 373-0041 Ext. 303
Email: Mbloczynski@rappahannockunitedway.org

**KING GEORGE DAY OF CARING - VOLUNTEERS ACCOMPLISH COMMUNITY
IMPACT**

FREDERICKSBURG, Va. (October 4, 2013) – Today Rappahannock United Way (RUW) kicked off its 20th annual Day of Caring in King George County.

Many dedicated individuals, representing 8 local companies and organizations volunteered their time to complete projects for local Nonprofit Organizations. Projects ranged from gardening and landscaping to painting, window washing, organizing, trash removal and other necessary projects. Many of these projects would not be completed this year without the volunteer support. Agencies focus their time and energy on their clients and have little time to focus on maintenance.

Not all jobs were hard labor however, the Delta Sigma Theta Sorority volunteered with the Domestic Violence Task Force to place pinwheels in front of the King George Court House in showing how many people have been affected by domestic violence.

The estimated value of volunteer time in Virginia is \$22.90 per hour, which equals roughly \$115 per Day of Caring volunteer. Many organizations in the area cannot afford the services provided them during Days of Caring without the support of Rappahannock United Way and its volunteers.

“What makes Day of Caring so important to our community is that it affords individuals the opportunity to see how they make a powerful and tangible impact by volunteering,” said Rappahannock United Way President, Janel S. Donohue. *“Our call to Action to Volunteer connects people with their community in amazing ways.”*

Founded in 1939, Rappahannock United Way is a local nonprofit organization serving the city of Fredericksburg, and the counties of Caroline, King George, Spotsylvania and Stafford. Rappahannock United Way is working to advance the common good by focusing on education, income and health. These are the building blocks for a good life—a quality education that leads to a stable job, enough income to support a family through retirement, and good health. Our goal is to create long-lasting changes that prevent problems from happening in the first place.

We invite our community to be part of the change. Together, United, we can inspire hope and build long lasting change. That’s what it means to LIVE UNITED.

###