



### HEALTH: \$435,250 / 16 Programs / 12 Agencies



85

Birth parents, foster families, and adoptive families will receive the training and support needed to ensure that babies have a stable family and a healthy beginning to life.

Children's Home Society of VA  
At Risk Family Services



515

Individuals with chronic illness will manage their condition through exercise and good health habits. Families will improve healthy behaviors.

Rappahannock YMCA Special Needs

Rappahannock YMCA Therapeutic

3,000

Individuals will locate Mental Health providers and will receive encouragement and support to seek treatment.

MHAF Mental Health Helpline

Rapp. Adult Activities Dental Health

244

Adults with intellectual disabilities will improve health through exercise, access to dental care, & social activities.

Lloyd Moss Clinic Diabetes Prevention

155

Children in the court system are placed in safe, stable homes, receive court-ordered services, and learn life skills.

Catholic Charities Family Services

Empowerhouse Education & Supports

1,410

Survivors of Domestic Violence and Sexual Abuse will receive counseling, support, housing, employment resources, advocacy and safety planning.

Catholic Charities Family Services

Mental Health America Senior Visitors

Micah Residential Recovery Program



610

Individuals will receive affordable counseling, child victims of abuse will receive Trauma-focused therapy.

Rapp. Adult Activities Day Health

Rapp. Court Appt. Special Advocates

90

Isolated Seniors will increase safety and lower depression risk through volunteer home visits and activities.

RCASA Counseling and Prevention

Safe Harbor Child Advocacy

110

People experiencing homelessness will improve health and reduce hospitalizations.

Stafford Junction Healthy Living Pays

9600 Individuals benefit from RUW funded Health Programs



Fredericksburg

Caroline

King George

Spotsylvania

Stafford