

2016 LOCAL GOVERNMENT

CAMPAIGN GUIDE

When You GIVE, You're Part of the SOLUTION!











Individuals pictured are all local people in our community whose lives have been impacted by the Local Government Campaign.

CAMPAIGN

The Local Government Campaign provides people who work in the governments and schools in the City of Fredericksburg, and Counties of Caroline, King George, Spotsylvania, and Stafford with an opportunity to support the work of local charitable organizations. It is the only opportunity that local government and school employees have to make contributions through the convenience of payroll deduction. The campaign is overseen by a committee of representatives composed of employees from the various government and school districts known as the Local Government Campaign Committee. The Committee established guidelines for the campaign, selected Rappahannock United Way as the fiscal agent to serve as the administrator of the campaign, and evaluated and approved the nonprofit organizations that applied for inclusion in the campaign. Throughout each step of the process, the interests of local government and school employees were given top priority.

If you would like to learn more about the Local Government Campaign, participating nonprofit organizations, or how to become more involved in your community, please contact Rappahannock United Way at 540-373-0041 ext. 304 or visit www.rappahannockunitedway.org.

Dear Fellow Local Government and School Employees:

I am honored and excited to serve as chair of the 2016 Rappahannock United Way Local Government Campaign. As committed public employees, we understand how charitable giving and volunteerism positively impact our communities within the Fredericksburg region. A champion of education, Booker T. Washington once offered that:

"Living is the art of loving. Loving is the art of caring. Caring is the art of sharing. Sharing is the art of living. If you want to lift yourself up, lift up someone else."



This year's theme – "Be a Part of the Solution" – prompts each of us to participate in the campaign so we may collectively "lift up" those in our community who need it most. Rappahannock United Way works with diverse businesses, faith-based and nonprofit groups as well as government agencies to make Education, Income, and Health strategies actionable. Through this cooperation, partner agencies of the United Way improve healthy and sustainable living conditions and habits of many children and adults. This is your opportunity to be part of the solution and make the campaign's aim to be an uplifting source of support in our region a reality.

In this spirit, I urge you to participate in the 2016 Local Government Campaign. When you choose to participate, you can opt for your generous gift to be a one-time donation or a payroll deduction. In addition, you may direct your donation to the organization of your choice. Thank you in advance for your consideration as a participant in the campaign and for making an uplifting difference in our community.

Sincerely,

Dr. Robert Benson, Superintendent King George County Schools Local Government Campaign Chairman

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2016 Local Government Officials and Committee Members

Caroline County

Mr. Charles Culley County Administrator

Dr. George Parker, III School Superintendent

Ms. Pam Viera Government Campaign Coordinator

Ms. Dolly Lindsay School Campaign Coordinator

City of Fredericksburg

Mr. Tim Baroody City Manager

Dr. David Melton School Superintendent Mr. Bob Bell Government Campaign Coordinator

Mr. John Russ School Campaign Coordinator

George Washington Regional Commission

Mr. Tim Ware Executive Director

King George County

Mr. Travis Quesenberry County Administrator

Dr. Robert Benson School Superintendent Local Government Campaign Chairman Ms. Amanda Sumiel Government Campaign Co-Coordinator

Ms. Camyell Pratt Government Campaign Co-Coordinator

Ms. Lavita Cobb Government Campaign Co-Coordinator

Mr. Bill Wishard School Campaign Coordinator

Spotsylvania County

Mr. Mark B. Taylor County Administrator

Dr. S. Scott Baker School Superintendent Ms. Nadera Greene Government Campaign Coordinator

Ms. Marie R. Daugherty School Campaign Coordinator

Stafford County

Mr. Doug Barnes County Administrator

Dr. Bruce Benson School Superintendent

Ms. Donna Krauss Government Campaign Coordinator

Mr. Rick Fitzgerald School Campaign Coordinator

Rappahannock United Way Federation and Member Agencies

6400 Rappahannock United Way, Inc.

Investing in building blocks for a good life: quality education that leads to stable jobs; income to support a family; and healthy life choices.

www.rappahannockunitedway.org (540)373-0041

6451 Brain Injury Services

We help children and adults with a brain injury build the skills and confidence they need to lead a fulfilling and productive life. www.braininjurysvcs.org (703)451-8881

6404 Catholic Charities Diocese of Arlington, FredericksburgWe provide outpatient counseling services grounded in the

teachings of the Catholic Church to individuals, children and couples of all faiths and backgrounds.

www.ccda.net (703)841-3830

6453 Central Virginia Housing Coalition, Inc.

We provide regional quality of life by providing affordable housing to low income families through coalition, education, counseling and financial assistance.

www.centralvahousing.org (540)604-9943

6405 Children's Home Society of Virginia

Provides free counseling to birth families in crisis, short-term foster care for at-risk infants and full adoption services to at-risk children and adoptive families. www.chsva.org (804)353-0191

6430 Empowerhouse

Supporting survivors of domestic violence, we provide crisis services, shelter hotline, court accompaniment, and support groups for domestic violence victims (including children), and community education.

www.empowerhouseva.org (540)373-9372

6406 Fredericksburg Regional Food Bank

To feed the hungry through a community wide network of partner agencies and engage our community in the fight to end hunger in PD 16. www.fredfood.org (540)371-7666

6429 Fredericksburg Area HIV AIDS Support Services

Empower HIV+ clients acting as their advocate, providing medical, psychosocial and emergency financial assistance. Through care and prevention services, we improve individual and community health.

www.fahass.org (540)371-7532

6436 Fredericksburg Regional Health Council, Inc. (dba Lloyd Moss Free Clinic)

Provide free-of-charge, quality, professional health care services to low-income, uninsured residents of region. Assess and improve access to health care for all.

www.mossfreeclinic.org (540)741-1061

6427 Girl Scouts Council Commonwealth of VA

Girl Scouts is the premiere leadership organization for girls and builds girls of courage, confidence, and character who make the world a better place.

www.comgirlscouts.org (804)746-0590

6454 Greater Fredericksburg Habitat for Humanity

We offer 0% interest loans to local working families and low cost repair services to qualifying residents to increase safe and affordable housing options.

www.fredhab.org (540)891-4401

6440 Healthy Families Rappahannock Area

Provides free in-home parenting services to families at risk of child abuse and neglect to strengthen the family unit and build a healthy organization.

www.healthyfamiliesrappahannock.org (540)374-3366

6411 Mental Health America of Fredericksburg, Inc.

Free services for individuals and families facing mental health challenges; HelpLine; Support Groups; Suicide Prevention Education; In-home Services for isolated Seniors; Community Wellness Education; Advocacy.
www.mhafred.org (540)371-2704

6413 Micah Ecumenical Ministries, Inc.

Increases homeless access to employment, housing, healthcare, and education. Work includes basic needs center; cold weather shelter; respite house; housing support; volunteerism. Relationship-based approach.

www.dolovewalk.net (540)479-4116

6412 National Capital Area Council, Boy Scouts of America

We prepare young people to make ethical and moral choices through premier youth programs of youth fitness, environmental stewardship and values based leadership.

www.boyscouts-ncac.org (301)530-9360

6455 Quin Rivers, Inc.

We help families remain housed through housing counseling and assistance to Veterans, prepare young people for college entrance and counsel the elderly about reverse mortgages. www.quinrivers.org (804)966-8752

6414 Rappahannock Adult Activities

Provide day support programs with valuable opportunities for adults with disabilities to participate successfully in their communities. www.racsb.state.va.us (540)373-7649

6426 Rappahannock Area Agency on Aging, Inc.

The Agency is dedicated to keeping residents in their own homes, living with independence and dignity, by supporting their needs through information resources and services.

www.raaa16.org (540)371-3375

6415 Rappahannock Area YMCA, Inc.

Our mission is to improve the health and wellness of residents by providing programs and activities for all ages, abilities and income levels. www.family-ymca.org (540)371-9622

6416 Rappahannock Big Brothers Big Sisters

We provide children facing adversity with strong enduring, professionally supported one-to-one mentors who change their lives for the better forever. www.rbbs.org (540)371-7444

6434 Rappahannock CASA Inc.

CASA advocates for children who have suffered from parental abuse or neglect. We work to ensure that every child grows up in a safe home.

www.rappahannockcasa.com (540)710-6199

6417 Rappahannock Council Against Sexual Assault

Services for Sexual Assault and abuse victims, 24-hour crisis hotline, hospital accompaniment, case-management and legal advocacy, support groups, brief and long-term counseling, education, and prevention. www.rcasa.org (540)371-6771

6447 Rappahannock Emergency Medical Services Council, Inc.

The Council has been created to establish and maintain a regional EMS system which provides for the effective and coordinated delivery of emergency health care. www.remscouncil.org (540)373-0249

6421 Rappahannock Goodwill Industries, Inc

From youth to seniors, Goodwill helps to remove barriers to employment through training and support so each individual can find confidence and success through work. www.fredgoodwill.org (540)371-3070

6425 Rappahannock Legal Services, Inc.

Provides free legal services in civil matters to low-income persons. With United Way funding, services are provided in child and spousal support matters.

www.rapplegal.com (540)371-1105

6420 Rappahannock Refuge, Inc. (dba Loisann's Hope House)

We provide homeless mothers and their children in the Rappahannock region safe housing and the opportunity to transition to successful independent living. www.hopehouseva.org (540)371-0831

6424 Safe Harbor Child Advocacy Center

To strengthen the coordinated community response to minimize trauma and increase the safety of abused children and their families. www.safeharborva.org (540)891-6280

6408 Smart Beginnings Rappahannock Area

We bring together parents, community leaders, schools, businesses, and local agencies to strengthen existing early childhood education programs and implement new initiatives where needed.

www.smartbeginningsra.org (540)479-6944

6431 Stafford Emergency Relief through Volunteer Efforts of Stafford County (dba SERVE, Inc.)

Emergency food pantry, financial, prescription assistance and holiday boxes of food to low income families, miscellaneous goods occasionally offered as available (toys, firewood, school supplies). www.serve-helps.org (540)288-9603

6418 Stafford Junction, Inc.

Transforming lives and giving hope to at-risk children and their families by providing programs to build knowledge, character, leadership life skills, and community commitment. www.staffordjunction.org (540)368-0081

6422 The Salvation Army - Fredericksburg Corps

We provide emergency assistance and hope to the neediest individuals in our area with food, clothing, furniture, utilities and other help.

www.virginiasalvationarmy.org/fredericksburgva (540)373-3431

6432 Thurman Brisben Center

A high demand programmatic residential facility serving up to 80 men, women, and children that are experiencing homelessness. www.brisbencenter.org (540)899-9853

Community Health Charities of Virginia and Member Agencies

6000 Community Health Charities Virginia

Partnering with America's most trusted health charities to deliver credible health information, community-focused volunteer activities, and efficient charitable giving to employees in the workplace. www.healthcharities.org (757) 873-6942

6001 ALS Association-DC/MD/VA Chapter

Improve quality of life for people living with ALS, commonly known as Lou Gehrig's disease, and their families, by providing free services. www.ALSinfo.org (301) 978-9854

6002 Alzheimer's Association, Greater Richmond Chapter

To advocate for and provide support to people with Alzheimer's disease and their families; educate professionals and general public; support research into causes and treatments. http://www.alz.org/grva (804) 967-2580

6095 Alzheimer's Association - Central & Western VA Chapter

The Alzheimer's Association Central and Western Virginia Chapter strives to advance research, provide/enhance care for all affected and promote brain health in 37 counties. www.alz.org/grva (434)973-6122

6004 American Cancer Society, South Atlantic Division

Largest funder of non-governmental cancer research. Provides services including legal advocacy for cancer patients. Delivers early detection and prevention programs to youth and adults. www.cancer.org (757) 493-7940

6005 American Diabetes Association, Virginia

Our mission is to cure and prevent diabetes and to improve the lives of all people affected by diabetes by supporting research and providing diabetes education.
www.diabetes.org (757) 424-6662

6007 American Heart Association, Mid-Atlantic Affiliate

Building healthier lives free of cardiovascular diseases and stroke through research, public, patient, and professional education, training, advocacy and community services. www.heart.org (804) 747-8334

6010 American Lung Association in Virginia

To save lives by improving lung health and preventing lung disease through programs, research, education, and advocacy. www.lungusa.org (304) 342-6600

6016 Arc of Virginia, The

The Arc of Virginia is a statewide organization providing advocacy and support for Virginians with intellectual and developmental disabilities and their families. www.thearcofva.org (804) 649-8481

6015 Arthritis Foundation, Mid Atlantic Region

The Arthritis Foundation helps people take greater control of their arthritis by leading efforts to prevent, control, and cure the nation's most common cause of disability.

www.arthritis.org (804) 665-9951 0**6013 Speaks, National Capital Area** Autism

We fund biomedical research into the causes, prevention, treatments, and cure for autism spectrum disorders; increase awareness, and advocate for the needs of affected families. www.autismspeaks.org (202)955-3111

6247 Brain Injury Association of Virginia

To be the voice of brain injury in Virginia through help, hope and healing. www.biav.net (804) 355-5748

6063 Cerebral Palsy of Virginia

Cerebral Palsy of Virginia provides programs and services to children and adults with cerebral palsy, Downs syndrome, autism, mental retardation, and other developmental disabilities. www.cerebralpalsyofvirginia.org (757) 497-7474

6094 Children's Hospital of the Kings Daughters

A full service general/specialty pediatric hospital dedicated to providing specialized medical care to children throughout Virginia, Eastern Shore, and northeastern North Carolina. www.chkd.org (757) 668-7070

6041 Crohns & Colitis Foundation of America, Wash DC/Virginia Chapter

Devotes contributions to scientific research, supportive services, and education to benefit the thousands of Virginia residents who suffer from Crohn's disease or ulcerative colitis. www.dc.ccfa.org (703) 865-6130

6020 Cystic Fibrosis Foundation, Virginia Chapter Supports innovative research to control and cure cystic fibrosis. Provides specialized medical care through a nationwide network of care centers; offers pharmacy and other patient services. www.cff.org (804) 527-1500

6066 Easter Seals UCP North Carolina & Virginia

We are the leader in creating solutions that positively impact the lives of people with disabilities. We serve children/adults across Virginia and North Carolina.

www.eastersealsucp.com (804) 287-1007

6022 Eastern Virginia Medical School Foundation

Supports training medical doctors and other health professionals, medical research including cancer and diabetes, and patient care at Eastern Virginia Medical School. www.evms.edu (757) 965-8500

6025 Epilepsy Foundation of Virginia

This statewide affiliate provides training to Virginia professionals about seizures, patient services such as medication assistance, and public education to dispel the myths surrounding epilepsy.

www.efva.org (434) 924-8669

6026 Huntington's Disease Society of America, Southeast Virginia Affiliate

We provide assistance to people in DC, Virginia, and Maryland affected by Huntington's Disease, and fund research to fight HD while educating the public. www.hdsa.org (703) 865-6130

6029 JDRF - Central Virginia Chapter

Help us find a cure for diabetes. Through research, we can save lives of children and adults who suffer from diabetes and its devastating complications.

www.jdrf.org/centralvirginia (804)254-8014

6030 Leukemia & Lymphoma Society, Virginia Chapter

Dedicated to cure leukemia, lymphoma, Hodgkin's disease, myeloma, and improve the quality of life for cancer patients and their families. Funds research, education and financial aid programs. www.lls.org/va (804)673-5690

6033 Lupus Foundation of America, DC/MD/VA Chapter

Voluntary health organization helping people with lupus and their families by providing information, referral, education, crisis intervention and support for lupus research. www.cff.org (202) 787-5380

6011 Make-A-Wish Foundation of Greater Virginia We grant wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength, and joy. www.va.wish.org (804)217-9474

6034 March of Dimes Foundation, Virginia Chapter

Our mission is to improve the health of babies by preventing birth defects, premature birth and infant mortality through programs of research, community services, education and advocacy.

www.marchofdimes.org (804) 968-4120

6048 Mental Health America of Virginia

A private, nonprofit, nonpartisan, advocacy organization, fights stigma, provides public education and a variety of mental health services and support for consumers children and adults. www.mhav.org (804) 227-5591

6036 Muscular Dystrophy Association Southeast Division

Fighting neuromuscular diseases through worldwide research a nationwide network of clinics offering comprehensive medical services and far-reaching professional and public health education. www.mda.org (704) 527-0701

6038 NAMI - Virginia

To improve the quality of life for all who are affected by a serious mental illness and to fight the stigma surrounding all mental illnesses. www.namivirginia.org (804)285-8264

6045 National Kidney Foundation Serving National Capital Area and Virginia

The NKF-VA prevents kidney and urinary tract diseases, improves the health and well-being of patients and families and increases the availability of all organs for transplantation. www.kidneyva.org (804) 288-8342

6049 National Multiple Sclerosis Society Virginia -West Virginia Chapter

Local services for people with MS and their families; medical equipment, transportation, counseling, information, referral, library, support groups, monthly newsletter, educational seminars, website, and research.
www.fightMS.com (804) 353-5008

6019 National Psoriasis Foundation

To drive efforts to cure psoriatic disease and improve the lives of those affected.

www.psoriasis.org (800) 723-9166

6018 Pancreatic Cancer Action Network

A nationwide network of people dedicated to working together to advance research, support patients and create hope for those affected by pancreatic cancer.

www.pancan.org (877) 272-6226

6060 St. Jude Children's Research Hospital Serving Southern Virginia

Researches and treats pediatric catastrophic diseases — primarily childhood cancer. St. Jude covers all costs not paid by insurance. Research findings are shared worldwide. www.stjude.org (703)351-5171

6014 Susan G. Komen Breast Cancer Foundation, Greater Richmond Virginia Affiliate

Imagine life without breast cancer. We can make it a reality by racing for the cure and funding life-saving research and community health programs.

http://www.komencentralva.org (804) 358-7223

6062 Tourette Syndrome Association, Inc. -Greater Washington DC Chapter

Our Mission: Improving the quality of life in those affected by Tourette Syndrome through education advocacy and awareness in Maryland, Virginia and Washington, DC. www.tsagw.org (410)867-1151

6012 Virginia Association of Free and Charitable Clinics

Free clinics provide access to primary and specialty care to uninsured adults whose needs cannot be met by "traditional" systems because they lack financial resources. www.vafreeclinics.org (804)340-3434

6043 Virginia Hemophilia Foundation

We provide various educational and support services through printed materials, seminars, clinic support lunches, scholarships, camperships, newsletters and annual meetings presenting current hemophilia information.

www.vahemophilia.org (804) 740-8643

Local Unaffiliated Agencies

7040 Charcot-Marie-Tooth Association

To support the development of new drugs to treat CMT, to improve the quality of life to people with CMT, to find a cure. www.cmtausa.org (800) 606-CMTA

7010 disAbility Resource Center of the Rappahannock Area

We support people with all disabilities across the lifespan to live a purposeful life in their community by providing training, services, and information and referral. www.cildrc.org (540) 373-2559

7050 Fredericksburg Pregnancy Center

Empowering those facing unplanned pregnancy with hope and life affirming choices. Free pregnancy testing, ultrasound confirmation, medical consultation, prenatal pregnancy and parenting mentoring classes.

www.fredericksburgpregnancycenter.org (540) 370-1800

7411 Fredericksburg Regional SPCA

The SPCA is a high capacity no kill animal shelter with a spay/ neuter clinic, both of which we fund 100% with donations. www.fburgspca.org (540) 898-1500

7752 Friends of the Rappahannock

A healthy and scenic Rappahannock River! Advocacy, restoration, and education programs to protect the water quality and natural resources of the river and its tributaries. www.riverfriends.org (540) 373-3448

7030 King George Fire & Rescue

Volunteer agency providing emergency care to the sick and injured, and promoting and teaching methods of safety in King George County and its vicinity. www.kgfr.org (540) 775-4584

7015 Rappahannock Area Kids on the Block

Year-round program dedicated to youth and adult prevention, education, and disability awareness, social, health and safety issues through the unique medium of puppetry performance. www.rakob.org (540) 940-2325

7021 Spotsylvania Education Foundation

We support efforts to enhance the quality of education in our public schools through innovation and creativity. www.sef4education.org (540) 834-2500

7001 Spotsylvania Volunteer Fire Department

Spotsylvania Volunteer Fire Department provides emergency response to life safety and property damage calls for assistance in the southern two thirds of Spotsylvania County. www.spotsyfire.org (540) 582-5377

7026 Sunrise for All

Therapeutic horseback riding and recreation for children and adults with physical and mental disability who are economically challenged and for wounded services members. www.sunrise4all.org (540) 273-4919

7420 Wildlife Center of Virginia

Wildlife hospital, annually treating about 2,400 injured, orphaned, sick animals from all over Virginia. National leader in wildlife veterinary medicine, disease research, environmental education. www.wildlifecenter.org (540) 942-9453

DESIGNATED GIFTS

This is a total designation campaign, which permits you to choose up to four federations or agencies from this list to receive your gift. There is an area on your pledge form where you can indicate which agencies you wish to support. Each federation and agency has a code. By writing the code numbers for the agencies you wish to support, you designate that only those agencies will receive your gift. You may also choose to support an entire group of agencies that is represented by one of the federations in the campaign. If you designate to a federation, your contribution will support the overall mission of the federation and its member agencies.

UNDESIGNATED GIFTS

All undesignated funds will go to Rappahannock United Way for community investment based upon local priority needs.

WRITE-IN GIFTS

There is not a write-in option available during the 2016 Campaign.

NOTE: Due to administration bookkeeping, there is a minimum designation of \$25.00 per agency.



Rappahannock United Way

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www.rappahannockunitedway.org