



Rappahannock United Way

WHY GIVE TO RAPPAHANNOCK UNITED WAY?

For 77 years, Rappahannock United Way (RUW) has been making an impact right here in our local community. This year, RUW funded programs will touch the lives of more than 19,000 people in Fredericksburg, Caroline, King George, Spotsylvania and Stafford. These programs deliver critical services to improve the three building blocks to a better life:

EDUCATION — INCOME — HEALTH

Our mission is to improve lives by mobilizing the caring power of our community. RUW knows people like you really want to make a difference in your community. We want to be your partner. Our experience tells us the best way to help the most people is to target our community's most serious problems and then focus on the underlying causes of those problems.

It's not enough to feed a hungry family or protect a child from violence; we need to change the conditions that led to hunger and violence in the first place. We work with local businesses, governments, schools, faith groups, media, nonprofit groups, and ordinary citizens. The ability to effect positive change begins with a single act: **YOUR DECISION TO GIVE.**

Will YOU Be PART of the SOLUTION?

GIVE. ADVOCATE. VOLUNTEER

Encourage your family and neighbors to give where they live.

Local Government & CVC
Campaign #6400



“Every little bit you can do to help another human being to me is the most important thing.”
— Niki, Fredericksburg Volunteer



Rappahannock United Way

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Kim, Stafford Volunteer

WHEN YOU GIVE

YOU are Part of the SOLUTION!

GIVE. ADVOCATE. VOLUNTEER.
RappahannockUnitedWay.org

OUR GOAL: More households emerge from poverty and achieve greater financial stability.



A good education is fundamental to a quality life. Rappahannock United Way works to ensure that everyone has access to a quality education that can lead to a stable job in the future.



“I just want to thank everyone that helped us, for not giving up on me and my family. I'm so blessed.”

– Michele, King George

Because of several Rappahannock United Way funded programs, Michele was able to obtain stability for her family and help her children enter school ready to learn.

COMMUNITY NEEDS

- 10.5% of adults in our local community have no high-school diploma or equivalent
- 13% of children in Virginia arrive at Kindergarten without the basic skills to succeed in school

COMMUNITY SOLUTIONS

Over the last year your investment was used to support...

First Time Parent Mentoring – supported 117 at-risk families.

Tutoring – provided free after school tutoring for 100+ elementary school students

College Preparation – provided the resources and support necessary for more than 100 high school students.

Employment Navigators – provided quality employment resources and technical support for more than 200 individuals experiencing homelessness.



Income is one of the essential building blocks to a good life. Rappahannock United Way strives to ensure that every person in the Fredericksburg region has the skills to hold a steady job and make enough income to support a family through retirement.



“I work hard and have a good work ethic. You gotta want it to make it happen.”

– Wendell, Fredericksburg

Because of a Rappahannock United Way funded program, Wendell was able to get job training, job placement and financial stability tools to align his spending and savings with his income.

COMMUNITY NEEDS

- 7.6% of households in our community are living below the poverty level
- 41% of children in our local community receive free or reduced school lunches

COMMUNITY SOLUTIONS

Over the last year your investment was used to support...

Free Tax Preparation and Financial Education – provided free financial services to over 1,800 low to moderate income households.

Financial Counseling and Support – provided financial assistance and counseling to more than 10,000 low to moderate income families.

Legal Services – provided free legal counsel to more than 275 low-income families to help overcome legal obstacles.



Good health is one of the most important building blocks to a quality life. Rappahannock United Way is working to make our community a healthier and happier place to live.



“This program has brought our family together. Our eating habits have changed tremendously. Not so much fast food and definitely more of the home cooked meals.”

– Andrea, Stafford

Because of several Rappahannock United Way funded programs, Andrea's family has been able to improve their health and reduce health risk factors.

COMMUNITY NEEDS

- 14% of local families do not have health insurance
- Over 6,000 founded reports of child abuse in Virginia

COMMUNITY SOLUTIONS

Over the last year your investment was used to support...

Reduced Health Risks – 1,500 individuals participated in health and wellness programs that reduced the risk of chronic illness.

Mental Health Counseling and Support Services – provided affordable counseling, therapy and support groups to more than 1,000 individuals and family members.

Summer Activities Program for Children – provided a safe and fun environment for more than 150 low-income, at-risk children.