



## Member Agencies

American Red Cross, Rappahannock Area Chapter  
ARC of Rappahannock, The  
Boy Scouts of America, National Capital Area Council  
Boys and Girls Club of Greater Washington,  
Fredericksburg Regional Branch  
Catholic Charities of the Arlington Diocese, Fredericksburg  
Children's Home Society of Virginia  
disAbility Resource Center  
Fredericksburg Area Food Bank  
Fredericksburg Area HIV/AIDS Support Services  
Fredericksburg Counseling Services  
Girl Scout Commonwealth Council of Virginia  
Healthy Families, Rappahannock Area  
Hospice Support Care  
Lloyd F. Moss Free Clinic  
LUCHA Ministries  
Mental Health America of Fredericksburg  
Rappahannock Adult Activities  
Rappahannock Area Agency on Aging  
Rappahannock Area Council for Children and Parents  
Rappahannock Area Court Appointed Special Advocates  
Rappahannock Area Kids on the Block  
Rappahannock Area Y.M.C.A.  
Rappahannock Big Brothers Big Sisters  
Rappahannock Council Against Sexual Assault  
Rappahannock Council on Domestic Violence  
Rappahannock Emergency Medical Services Council  
Rappahannock Goodwill Industries  
Rappahannock Legal Services  
Rappahannock Mediation Center  
Rappahannock Refuge – Hope House  
Salvation Army, The  
Serenity Home  
S.E.R.V.E.  
Thurman Brisben Center  
Volunteer Emergency Families for Children

learn more . . .

inspire hope

*create changes*

*join the movement*

### Rappahannock United Way

P.O. Box 398

Fredericksburg, VA 22404

(540) 373-0041

[www.rappahannockunitedway.org](http://www.rappahannockunitedway.org)

Give United

UNITED  
WE CAN  
INSPIRE  
HOPE

**JOIN HANDS.  
OPEN YOUR HEART.  
GIVE 10% GIVE 100%  
THINK OF *WE* BEFORE *ME*.  
REACH OUT A HAND TO ONE AND  
INFLUENCE  
THE CONDITION OF ALL.**

Rappahannock United Way works everyday to advance the common good by focusing on **education, income, and health**. These are the building blocks for a good life – a quality education that leads to a stable job, enough income to support a family through retirement, and good health.

Our goal is to create long-lasting changes that prevent problems from happening in the first place.

By giving to Rappahannock United Way each year, you are using local dollars to provide local services. All contributions stay in the city of Fredericksburg and the counties of Caroline, King George, Spotsylvania and Stafford and support 60 programs through our 35 member agencies, in addition to other community based non-profit organizations.

We invite you to be part of the change. Together, united, we can inspire hope and create opportunities for a better tomorrow. That's what it means to **LIVE UNITED**.

## Rappahannock United Way Programs

Grants and Technical Assistance to Non-Profits  
Smart Beginnings Rappahannock Area  
Information Services  
Volunteer Services  
Earned Income Tax Credit Coalition  
Rappahannock Region Voluntary Organizations  
Active in Disaster

## Thanks to your support last year:

25,786 families received food assistance  
1,760 individuals accessed mental health counseling  
2,642 families were provided with legal services  
435 individuals with disabilities were given adaptive equipment  
156 families received free tax preparation services receiving a total of \$199,506 in tax refunds and credits  
1,822 volunteers mobilized to complete 437 volunteer projects  
90 disaster response volunteers were trained  
5,300 information and referral calls were answered  
And much more...



## GIVE.

Invest in this community. Give to Rappahannock United Way. We are working to advance the common good by focusing on education, income, and health. Help us create lasting changes.

## ADVOCATE.

Anyone can champion the cause. Whether you're speaking out to improve education, income and health, reaching out to members of Congress, or wearing the LIVE UNITED shirt to show your support, you can help inspire hope and create opportunities for a better tomorrow.

## VOLUNTEER.

Give an hour. Give a Saturday. Give your best. We all have special talents. Things we can do to help. And when we reach out a hand to one, we influence the condition of all. We connect you to hundreds of local volunteer opportunities available everyday, all you have to do is visit our website [www.rappahannockunitedway.org](http://www.rappahannockunitedway.org).

If your company doesn't have an annual campaign, visit our website [www.rappahannockunitedway.org](http://www.rappahannockunitedway.org) to learn how you can help.