

LOCAL GOVERNMENT CAMPAIGN GUIDE



Rappahannock United Way

LOCAL GOVERNMENT CAMPAIGN

Dear Community Supporter,

On May 8, 2008, south Stafford was hit by an F2 tornado. Our staff had just gone through some painful budget reductions, and employee morale was not at its highest. But when the call went out to employees for assistance, not one disparaging word was heard. Without question, employees from County departments began showing up minutes after the tornado had touched down to help the community. We worked through the night, drenched to the skin by the continuing downpours. For the next 14 days, Stafford County employees were joined by staff from other localities and regional agencies. We all worked tirelessly until we were sure that every individual who lived in the damaged community was safe.



This is what public service is about.

Instead of running from danger, we race into it. Instead of ignoring the pain faced by others, we search for ways to stop it. Instead of thinking of profits, paychecks and positions, we think of safety, selflessness and service.

Your support of the United Way's Local Government Campaign proves that the idea and spirit of public service is alive and well in our region. I ask you to help spread that spirit among others by increasing your gift this year. We are all facing difficult economic times, and those who are less fortunate need us more than ever.

Being a public servant is an honorable vocation, and one of which we should all be proud. Public service is not an easy life, but it is rewarding, maybe not so much in salaries, or pats on the back, but in knowing that every day, you help to improve the life of a fellow human being.

Thanks for all you do.

Anthony Romanello
Local Government Chairman

The Local Government Campaign provides people who work in the governments and schools in the City of Fredericksburg and Counties of Caroline, King George, Spotsylvania and Stafford with an opportunity to support the work of local charitable organizations. It is the only opportunity that local government and school employees have to make contributions through the convenience of payroll deduction.

The campaign is overseen by a committee of representatives composed of employees from the various government and school districts called the Local Government Campaign Coordinating Committee. They established the guidelines for the campaign, selected Rappahannock United Way as Fiscal Agent/Campaign Consultant to serve as the administrator for the campaign, and evaluated the agencies that applied for inclusion in the campaign. In each step of the process, the interests of local government and school employees were given top priority.

For more information please contact:

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2009 LOCAL GOVERNMENT OFFICIALS AND COMMITTEE MEMBERS

Mr. Anthony J. Romanello Stafford County Administrator	Dr. Gregory N. Killough Caroline County Schools Superintendent	Ms. Debbie Albrecht Spotsylvania County Government	Ms. Dalyn Pettit King George County Government
Mr. Percy Ashcraft Caroline County Administrator	Dr. David Melton Fredericksburg City Schools Superintendent	Ms. Judy Barnes Stafford County Government	Mr. Ron Singleton Stafford County Schools
Mr. C. Douglas Barnes Spotsylvania Interim County Administrator	Mr. A. Travis Quesenberry King George County Administrator	Ms. Sylvia Johnson Fredericksburg City Schools	Ms. Melissa Steiniger Fredericksburg City Government
Ms. Candace Brown King George County Schools Superintendent	Dr. David E. Sawyer Stafford County Schools Superintendent	Ms. Dolly G. Lindsay Caroline County Schools	Ms. Susanne Taylor Fredericksburg City Government
Mr. Beverly R. Cameron Fredericksburg Interim City Manager	Mr. Roger Wolfe Community Health Charities of Virginia	Ms. Crystal Loving Stafford County Schools	Mr. Bill Wishard King George County Schools
Dr. Jerry W. Hill Spotsylvania County Schools Superintendent		Ms. Gayle Mann Spotsylvania County Schools	
		Ms. Leslie Moore Caroline County Government	

Rappahannock United Way Federation and Member Agencies

6400 Rappahannock United Way

540-373-0041 www.rappahannockunitedway.org Advancing the common good by investing in solutions to reach education, income, and health goals. Encouraging people to give, advocate and volunteer.

6401 American Red Cross, Rappahannock Area Chapter

540-735-0500 www.rappahannockarea.redcross.org The American Red Cross is in our local communities providing families with the ability to prepare for, respond to, and recover from emergencies large and small.

6403 The Arc of Rappahannock

540-899-3789 <http://arc.communitypoint.org/> Supports people with intellectual and developmental disabilities so that they have full inclusion in their communities and achieve "A life like yours."

6412 Boy Scouts of America-National Capital Area Council

301-530-9360 www.boyscouts-ncac.org Mission is to prepare young people to make choices over their lifetimes by instilling the values of the Scout Oath and Law.

6446 Boys & Girls Clubs of Greater Washington, Fredericksburg Branch

540-368-9531 www.bgcgw.org/clubs/fredericksburg.html Builds character through everyday leadership and guidance. Young people of all backgrounds join together in wholesome recreation and leadership.

6404 Catholic Charities of the Arlington Diocese, Fredericksburg

540-371-1124 www.coda.net Private, non-profit, non-sectarian agency serving all area residents. Services include individual, family and crisis pregnancy counseling and infant foster care and adoption.

6405 Children's Home Society of Virginia

804-353-0191 www.chsva.org Finds permanent homes for all children and offers adoption services for parents, foster care for children, professional birth parent counseling, and post adoption services.

6406 Fredericksburg Area Food Bank

540-371-7666 www.fredfood.org Obtains and efficiently distributes nutritious foods and other products to member agencies while developing programs and partnerships to help eliminate hunger.

6427 Girl Scout Commonwealth Council of Virginia

804-746-0590 www.comgirlscouts.org Provides leadership, training, team building, self-esteem, outdoor adventure, diversity and values to help girls, age 5 - 17, build courage, confidence and character.

6410 Hospice Support Care

540-361-7071 www.hospicesupportcare.org Non-medical volunteer hospice providing practical assistance and emotional support to the seriously or terminally ill and bereavement services for children, teens, and adults.

6436 Lloyd F. Moss Free Clinic

540-741-3715 www.mossfreeclinic.org Providing medical and dental care to low-income and uninsured people through the use of volunteer health care professionals and partnerships with other providers.

6402 LUCHA Ministries

540-370-4502 www.luchaministries.org Community Development approach to work with Spanish-speaking individuals with limited English skills; links them to appropriate community services, meets human needs, offers basic counseling.

6411 Mental Health America of Fredericksburg

540-371-2704 www.mhafred.org Mental Health Helpline & Referral Services, Depression & Bipolar Support Groups, Recovery in Motion peer-support services, Senior Visitors program, lending library, public education and advocacy.

6414 Rappahannock Adult Activities

540-373-7643 www.racsb.state.va.us Provides day support programs with valuable opportunities for adults with intellectual disabilities to participate successfully in their communities.

6426 Rappahannock Area Agency on Aging

540-371-3375 www.raaa16.org An agency that administers programs helping socially and economically disadvantaged elderly persons aged sixty and older in the four county Fredericksburg area.

6435 Rappahannock Area Council for Children and Parents (RACCAP)

540-785-6217 www.raccap.org A volunteer organization committed to promoting positive parenting to prevent child abuse in the Fredericksburg area. Sponsor of Circle of Parents support groups.

6433 Rappahannock Area Kids on the Block

540-373-3223 www.racsb.state.va.us Teaching safety and tolerance of differences by creating solutions for change to children, teens and adults, in the surrounding communities through the medium of puppetry.

6415 Rappahannock Area Y.M.C.A.

540-371-9622 www.family-ymc.org Our goal is to improve the health and wellness of area residents by providing programs and activities for all ages, abilities, and income levels.

6416 Rappahannock Big Brothers Big Sisters

540-371-7444 www.rbbs.org Administers mentoring programs to help at-risk youth develop their self esteem and reach their full potential through quality time spent with adult volunteers.

6417 Rappahannock Council Against Sexual Assault

540-371-1666 www.rcasa.org Services for sexual assault & abuse victims: 24-hour crisis hotline, hospital accompaniment, advocacy, brief and long-term counseling, support groups, and court/legal advocacy.

6430 Rappahannock Council on Domestic Violence

540-373-9372 www.rcdv.com Provides emergency services including shelter and hotline, and support services including advocacy, court accompaniment, and educational groups. Community education is offered for groups and schools.

6447 Rappahannock Emergency Medical Services Council

540-373-0249 www.rems.vaems.org The council has been created to establish and maintain a regional EMS System which provides for the effective and coordinated delivery of emergency health care.

6421 Rappahannock Goodwill Industries

540-371-3070 www.fredgoodwill.org To provide people with barriers to employment - particularly those with disabilities - an array of quality vocational and educational services so they can work most independently.

6425 Rappahannock Legal Services

540-371-1115 www.raplegal.com Exists to provide free quality legal services to the local poverty community in a wide range of civil matters.

6420 Rappahannock Refuge - Hope House

540-371-0831 www.hopehouseva.org A transitional housing program offering life-skills training toward permanent housing and self-sufficiency; including daycare, summer camp, GED, parenting, homeownership and personal finance classes.

6418 Serenity Home

540-371-3059 A residential substance abuse treatment program for medically stable, adult males who are chemically dependent.

6422 The Salvation Army

540-373-3431 www.salvationarmyfredericksburgva.org Our mission is to meet human needs without discrimination. To do this, we offer emergency financial assistance and youth character building programs to thousands annually.

6432 Thurman Brisben Center

540-899-9853 www.brisbencenter.org A high demand, programmatic facility serving up to 80 men, women and children for 90 days. Is the only shelter in planning District 16.

6452 Volunteer Emergency Families for Children

804-379-7767 www.vfec.org Recruits, trains and supports volunteers who provide short-term shelter care and mentoring to abused, neglected, runaway, homeless and at-risk children and youth throughout Virginia.

Community Health Charities of Virginia Federation and Member Agencies

6000 Community Health Charities of Virginia (Virginia Health Agencies, Inc.)

757-873-6942 www.healthcharities.org A federation of Virginia health agencies focused on improving quality of life through delivery of health services, provision of health education, and sponsorship of research.

6001 ALS Association – DC/MD/VA Chapter

804-836-1751 (Amyotrophic Lateral Sclerosis Association) www.alsinfo.org Improve quality of life for people living with ALS, commonly known as Lou Gehrig's disease, and their families by providing free services.

6002 Alzheimer's Association, Greater Richmond Chapter

800-272-3900 www.richmondalzheimers.org (Alzheimer's Disease & Related Disorders Association, Inc.) Provides education, support, resource information, referrals for those with Alzheimer's, their families, and caregivers through support groups, workshops, 24/7 helpline, in-service training for professionals.

6004 American Cancer Society, South Atlantic Division

800-227-2345 www.cancer.org Largest funder of non-governmental cancer research. Provides services including legal advocacy for cancer patients. Delivers early detection and prevention programs to youths and adults.

6005 American Diabetes Association - Virginia

804-225-8038 www.diabetes.org Mission is to prevent and cure diabetes and to improve the lives of people affected by diabetes through research information and advocacy.

6007 American Heart Association, Mid-Atlantic Affiliate

800-242-8721 www.americanheart.org Building healthier lives free of cardiovascular diseases and stroke through research, public, patient, and professional education, training, advocacy, and community services.

6010 American Lung Association of Virginia

804-267-1900 www.lungusa.org/virginia (804) 267-1900 We help people breathe easier today and America become healthier.

6015 Arthritis Foundation, Virginia Chapter

804-359-1700 www.arthritis.org Provide leadership in the prevention, control, and cure of arthritis and related diseases through research, public policy, and public health.

6063 Cerebral Palsy of Virginia

757-497-7474 www.cerebralpalsyofvirginia.org Provides programs and services to children and adults with cerebral palsy, Down syndrome, autism, mental retardation, and muscular dystrophy. Summer Camp, day programs, and more.

6094 Children's Hospital of The King's Daughters

757-668-7070 www.chkd.org A full service general/specialty pediatric hospital dedicated to providing specialized medical care to children throughout southeastern Virginia, Eastern Shore, and northeastern North Carolina.

6041 Crohn's and Colitis Foundation of America, Wash DC/Virginia Chapter

703-865-6130 www.ccf.org Devotes contributions to scientific research, supportive services, and education to benefit the thousands of Virginia residents who suffer from Crohn's disease or ulcerative colitis.

6020 Cystic Fibrosis Foundation, Virginia Chapter

804-527-1500 www.cff.org Supports innovative research to control and cure cystic fibrosis. Provides specialized medical care through a nationwide network of care centers; offers pharmacy and other patient services.

6065 Diabetes Center Foundation

757-446-8420 www.dif.org Funding supports research to prevent, treat, and reverse the complications of diabetes, provides clinical care and education programs at the Strelitz Diabetes Center at EVMS.

6066 Easter Seals Virginia

804-287-1007 We provide services to ensure that all people with disabilities or special needs and families have equal opportunities to live, learn, work, and play in communities.

6025 Epilepsy Foundation of Virginia

804-796-9935 www.efva.org This statewide affiliate of the Epilepsy Foundation was established in 1978 to promote awareness about epilepsy and to provide assistance to those with the disorder.

6059 The Foundation Fighting Blindness, Central Virginia Affiliate

804-270-2620 www.blindness.org Our urgent mission is to fund the research that will provide preventions, treatments, and cures for Retinitis Pigmentosa, Macular Degeneration, and all retinal degenerative diseases.

6026 Huntington's Disease Society of America, Washington Area Chapter

703-204-4634 We help people who are affected by Huntington's Disease, support medical research to fight HD, and educate health professionals and the public.

6029 Juvenile Diabetes Research Foundation International, Central Virginia Chapter

804-254-8014 www.jdrfcure.org/centralvirginia Help us find a cure for diabetes. Through research, we can save lives of children and adults who suffer from diabetes and its devastating complications.

6030 The Leukemia & Lymphoma Society, Virginia Chapter

800-766-0797 www.leukemia-lymphoma.org Cure leukemia, lymphoma, Hodgkin's disease, myeloma and improve the quality of life for cancer patients and families. Funds research, education, and financial aid programs.

6033 Lupus Foundation of America, Eastern Virginia Chapter

757-490-2793 www.lupus.org Voluntary health organization helping people with lupus and their families by providing information, referral, education, crisis intervention, and support for lupus research.

6034 March of Dimes Birth Defects Foundation, Virginia Chapter

804-968-4120 The mission of the March of Dimes is to prevent birth defects, premature birth, and infant mortality.

6048 Mental Health Association of Virginia

804-225-5591 www.mhav.org A private, nonprofit, nonpartisan, advocacy organization, fights stigma, provides public education, and a variety of mental health services and support for children and adults.

6036 Muscular Dystrophy Association, Virginia

804-285-2961 www.mdausa.org Fighting 40 neuromuscular diseases through worldwide research, a nationwide network of clinics offering comprehensive medical services, and far-reaching professional and public health education.

6037 Myasthenia Gravis Foundation, Virginia Chapter

804-308-1674 Patient oriented organization helping people with the disease Myasthenia Gravis, through support groups, patient and family education, literature, newsletters, membership meetings and limited financial aid.

6045 National Kidney Foundation of the Virginias

804-288-8342 www.kidneyva.org Prevents kidney and urinary tract diseases, improves health and well-being of patients and families, and increases availability of organs for transplantation.

6049 National Multiple Sclerosis Society, Central Virginia Chapter

804-353-5008 www.nmss-centralva.org Services: Financial assistance, medical equipment loan, information/referral, research, support groups, educational/social programs, and professional education.

6054 Prevent Blindness Mid-Atlantic

804-423-2020 www.theeyesite.org (National Society to Prevent Blindness, Virginia Affiliate) Providing vision screening training and certification for school nurses and vision screening kits for schools. Saving sight one family at a time.

6060 St. Jude Children's Research Hospital - Virginia

800-499-6090 www.stjude.org American Lebanese Syrian Associated Charities, Inc.) Regional office of institution established for sole purpose of conducting research into catastrophic childhood diseases, allowing care for children without regard for ability to pay.

6011 Susan G. Komen, Greater Richmond Affiliate

804-358-7223 We provide breast health education and funding to Central Virginia agencies who deliver education, screening, and treatment to uninsured and underinsured women.

6043 Virginia Hemophilia Foundation

800-266-8438 www.vahemophilia.org Dedicated to serving the needs of the bleeding disorder community through education, advocacy, and the support of research to find a cure.

6061 Virginia AIDS Alliance

800-849-7437 www.vasids.org Provide emotional support and information to AIDS families throughout Virginia. Provide educational seminars and material to the public. Support research into cause of AIDS.

Local Unaffiliated Agencies**6354 Bethany Christian Services of Virginia**

540-373-5165 www.bethany.org Bethany places homeless children in families by providing adoptive homes for American, foreign-born and special needs children. In Fredericksburg limited medical services are also provided.

7752 Friends of the Rappahannock

540-373-3448 www.riverfriends.org Advocacy, restoration, and education programs to protect the water quality and scenic value of the Rappahannock River and its tributaries.

3584 Habitat for Humanity, Greater Fredericksburg

540-891-5009 <http://www.fredhab.org> A faith based organization that builds affordable homes and sells them at cost, interest free, to families with incomes below 50% of area median income.

7023 Holy Cross Academy

540-286-1600 www.holycrossweb.com A Catholic school (PreK-8) providing a challenging curriculum, religious education, spiritual development, and community service. Extended care program available.

7022 Home of Miracles and Embraces

540-479-4030 www.iwannagohome.org Provide direct support and assistance to children infected with HIV/AIDS by providing a safe-haven retreat, granting wishes, creating memorable experiences, and providing financial assistance.

7403 Lupus Foundation of Virginia

888-262-9632 www.lupusofva.org Services include telephone/personal consultations, educational materials, emotional support, patient/public education, medical symposiums, hospital visitation, patient referrals, meeting notices/news and research funding.

7411 Fredericksburg Regional SPCA

540-898-1500 www.fburgspca.org A No-Kill animal shelter dependent on individual donations to provide general animal care, spaying/neutering, medical and adoption services to companion animals and feral cats.

7021 Spotsylvania Education Foundation

540-834-2500 www.scs.k12.va.us/sef Dedicated to supporting innovative programs and projects and strengthening the overall quality of instruction in Spotsylvania County Schools.

7001 Spotsylvania Volunteer Fire Dept

540-582-5322 Provides fire and emergency medical services to over 65,000 County residents and visitors each year. Our 156 members are prepared to continue our life saving mission and seek community financial support to aid in this effort.

7020 Stafford Education Foundation, Inc.

540-658-6708 To impact and advance education in Stafford County Public Schools through charitable activities that support sound educational programs and practices.

9049 Virginia Breast Cancer Foundation

804-285-1200 www.vbcf.org Virginia statewide organization dedicated to the eradication of breast cancer through education and advocacy programs and activities.

DESIGNATED GIFTS

This is a total designation campaign. This designation process allows you to choose up to four federations or agencies to receive your gift. There is a section on your pledge card where you can indicate which agencies you want to support. Each agency listed has a code. By writing the code numbers for the agencies you want to support, you designate that only those agencies will receive your contribution. You may choose to support an entire group of agencies that is represented by one of the federations in the campaign. If you designate to a federation, your contribution will go to support all of the represented agencies of that federation. Note: Due to administration bookkeeping, there is a minimum designation of \$25.00 per agency per year.

UNDESIGNATED GIFTS

Fifty percent of all undesignated funds will go to the fiscal Agent/Campaign Consultant (Rappahannock United Way) for allocation based upon local, priority needs. The other fifty percent will be distributed to each Campaign participant as is consistent with the percentage of designated funds that participant received in the campaign.

WRITE-IN

If you want to support the work of a non-profit organization that is not listed, there is a space on your pledge card to write in that organization's name and address. That organization must provide health and human services to Virginia residents and qualify for 501(c)(3) tax status. Agencies without mailing addresses will be processed as undesignated gifts.

LEARN MORE

If you would like more information about the Local Government Campaign, participating charitable agencies, or how to become more involved in your local community, contact the Rappahannock United Way at 540-373-0041 or visit our website at www.rappahannockunitedway.org